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Title (Times New Roman, Bold, 30pt)

Author(s) (Times, Bold, 20 pt)

Affiliated University / organisation, Country (Times Roman, italics, 20 pt) email:



Introduction

Add text here: include background to study; key literature; why study/intervention was important;

Aim

Add text here: dependent upon the study this might also include hypothesis(es) or research questions

Methods

Add text here: Participants; data collection; data analysis

References:

Results

Add text here: key results/findings

Discussion and Conclusion

Add text here: